Years 1 and 2 **PSHE Knowledge Organiser** **Autumn Term**

Relationships

Big Ideas: Friendship, Respect, Feelings

1) How can I be a good friend?

2) What should I do if I see hurtful behaviour?

3) How can I ask for help if I feel unsafe or worried?

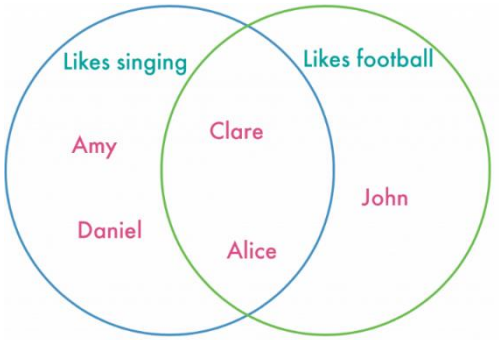
Vocabulary

resist	To fight against
strategy	A plan of action designed to achieve an aim
bullying	Someone is hurtful, on purpose, repeatedly
resolution	When you decide you are going to do something.
cooperate	To work together to get something done
similarities	When things are alike
differences	When things are not the same
hurtful	Causing pain or suffering
pressure	Try to make someone do something

Key Knowledge







Key Facts

How to be a good friend

- Kindness, listening and honesty
- Joining in, including others
- TERRIFIC
- Resolve arguments





How to stay safe online

- Ask permission first
- Keep personal information private
- Tell a trusted adult if you are worried or have seen something that upsets you
- Only accept messages from someone you know

We are learning

Families and Friendships		Safe Relationships			Respecting Ourselves and Others		
Making friends	Feeling lonely and getting help	Managing secrets	Resisting pressure and getting help	Recognising hurtful behaviour	Recognising things in common and differences	Playing and working cooperatively	Sharing opinions